

**Atlantis Charter Lower School
Lunch Menu April 2023
Meals Provided At No Cost to Students
Adult Meal: \$5.00**



A full student lunch includes a choice of entrée supplying protein and whole grain, one (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
4/3 Chicken Nuggets Served with Lemon Rice Pilaf Seasoned Green Beans	4/4 Pasta with Italian Meat Sauce Served with Seasoned Broccoli	4/5 Buffalo Chicken Dip Served with Tortilla Chips Mexicali Corn	4/6 Domino's Smart Slice Cheese Pizza Served with Spinach Cranberry Salad	4/7 No School
Alternate Meals:				
4/10 Mini Turkey Corn Dogs Served with Baked Beans	2. 4/11 Tuna Sandwich Popcorn Chicken Bowl Crispy Chicken with Mashed Potatoes & Corn	4/12 Pizza Crunchers Served with Marinara Sauce Seasoned Broccoli	3. 4/13 Bagel Fun Lunch Beef Nachos Served with Spicy Refried Beans & Salsa	4/14 Domino's Smart Slice Cheese Pizza Served with Spinach Cranberry Salad
Alternate Meals:				
4/17 	2. 4/18 Italian Grinder 	4/19 3. Ham & Cheese Sandwich Spring Break	4/20 	4/21
4/24 Chicken Tenders Served with Seasoned Green Beans Italian Pasta Salad	4/25 Homemade Macaroni & Cheese Served with Cinnamon Glazed Carrots	4/26 Classic Cheeseburger Baked Beans Veggie Burger Available on request	4/27 Homemade Sloppy Joe Sandwich Served with Baked Beans	4/28 Domino's Smart Slice Cheese Pizza Served with Spinach Cranberry Salad
Alternate Meals:				
	2. Turkey & Cheese Sandwich		3. Sunbutter & Jelly Sandwich	
			Questions or Comments? Please call Karleen DeLellis, Foodservice Director at 508-336-7272 Please let us know if	Please let us know if you have any allergies!
Choose with any meal: Baby Carrots Crispy Celery Assorted Fresh Fruit Assorted Chilled Fruit	Choose with any meal: Grape Tomatoes Cucumber Coins Assorted Chilled Fruit Fresh Whole Fruit	Choose with any meal: Power Peas Baby Carrots Assorted Chilled Fruit Fresh Whole Fruit	Choose with any meal: Broccoli Bites Crispy Chick Peas Assorted Chilled Fruit Fresh Whole Fruit	Choose with any meal: Celery Sticks Crispy Chick Peas Assorted Chilled Fruit Fresh Whole Fruit

**This institution is an equal opportunity provider and employer
Menus are subject to change**